Welcome Week FAU

Psychological Counseling Center
Student Services Erlangen-Nuremberg

Presenter: Dipl.-Psych. Elizabeth Provan-Klotz
Clinical Psychologist and Licensed Psychotherapist

General information

About us:

We are a multi-professional team of psychotherapists, psychologists and mental health counselors.

Where can you find us?

- Psychological Counseling in Erlangen and Nuremberg

- Other locations: Eichstätt, Ingolstadt, Ansbach and Triesdorf

Main Psychological Counseling Center located in central Erlangen:
Hofmannstraße 27, 2. OG, 91052 Erlangen

Quelle: Google Maps

Our range of services

- Psychological counseling for individuals, couples, and families, as well as groups focusing on specific issues e.g., overcoming exam anxiety
- For all students enrolled at a university in the area served by the Erlangen-Nuremberg Student Services Organization
- We offer counseling in German and English
- A small fee of 10 € is charged for individual sessions and 15 € for couple and family counseling sessions, which can be fully waived for students in difficult financial circumstances
- Our counselors are required to adhere to strict standards of confidentiality.

The concerns of those seeking counseling are wide-ranging

- Exam anxiety
- Social anxiety
- Learning difficulties
- Motivational problems and procrastination
- Stress management
- Anger and impulse control problems
- Loneliness, depression, guilt, anxiety, suicidal thoughts
- Coping with daily life as a student with a chronic illness or disability
- Relationship, partnership and family problems
- Sexual or gender orientation problems
- Homesickness and separation from parents and place of origin
- Difficulties integrating into German university and society

Contact Information

Opening hours and other up-to-date information can be found on our homepage:
www.werkswelt.de/ppb

Information, registration, appointments:

Contact our secretary's office of the Psychological Counseling Center in Erlangen:
Ms. Claudia Göbel and Ms. Carmen Schmidl

Hofmannstraße 27, 91052 Erlangen

Tel 09131/8002 750 Mon., Wed., Thurs., Fri.: 8:30 am-12:00 pm
Thurs. additionally: 1:00 pm-4:00 pm

Drop-in consultation hours in Erlangen: every Thursday from 11:30 am-3:00 pm
Please arrive by 2:30 pm to allow enough time for a session to take place

Website of the psychological services

Social Counseling Center

Presenter: Stephanie Gruber (Social Worker, B.A.)

Psychosoziale Beratung

Examples of topics:

- Financing your studies
- Accommodation
- Health insurance
- Residence permit
- Studying with a child
- Studying with a disability or chronic illness
- Questions about studying

- Individual counselling

  We take time for your personal concerns and work with you to develop customised solution strategies

- Support with social law issues

  We help you to understand your rights and obligations and show you your options for action

- Referral to offers of help:

  We connect you with other support services and institutions that can help you in your specific situation

The social counselling service

- ✓is open to all FAU students
- ✓is 100% confidential and maintains discretion
- ✓is free of charge
- ✓offers appointments for telephone, video and face-to-face counselling
- ✓offers a weekly drop-in hour without appointments
- ✓can also be anonymous, without naming names

Contact Information

Drop-in hours

Every Friday, 10 – 12 am, Hofmannstr. 27, ER

For individual appointments:

international@werkswelt.de

Special Projects in the student accommodations of Studierendenwerk

- Initial answering questions about your concerns directly at the place you live
- Leisure activities in collaboration with the tutors

For further information

Special Projects

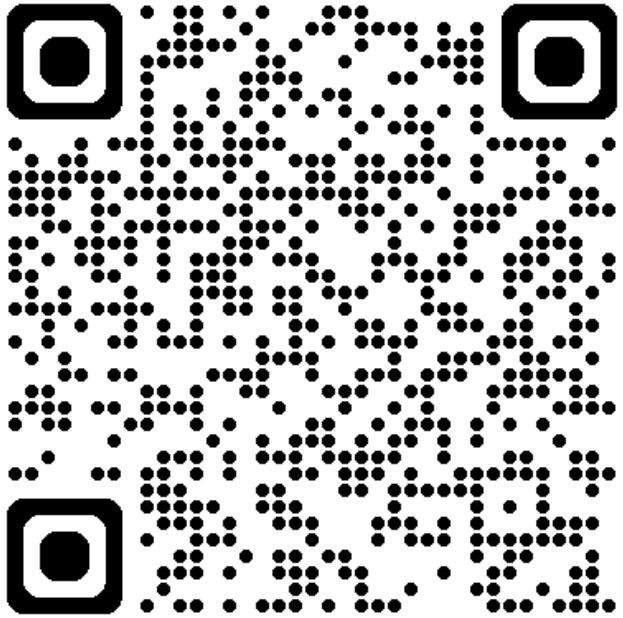
Social Counseling

Legal Advice

Studierendenwerk Erlangen-Nürnberg offers

free legal advice for students.

The service provides practical support in matters relating to university law, employment law, contract law and tenancy law, as well as in all other legal difficulties connected with the student situation

Legal Advice

- online only
- every Monday and Thursday
- without appointment