

Medical elective in Nepal

Internship Nepal is an internship/elective placement organization based in Kathmandu, Nepal that offers students the opportunities of medical elective placements with some of the most prominent hospitals in Kathmandu.

Some services of Internship of Nepal on offer are:

- We provide accommodation and meals in our own home at the most affordable cost. Hospitals are at walking distance from home.
- We arrange the best possible elective placement with a hospital as per the students' subject of interest and desired department.
- Individual guidance, constant supervision throughout the program and effective evaluation at the end.

Why Nepal for elective?

Nepal bears a completely different aura and ambience; from the working environment to the lifestyle, everything is distinct. Cultural precinct and boundaries are limitless, so are the unique festivals and customs. In this diverse atmosphere, students will get to ramble and learn so much of the eastern culture and the third world standards.

A few key points below further strengthen the reasons students should visit Nepal for their electives:

1. Communicable diseases, called so because of their transmission from one person to another upon physical contact are common in Nepal, more so than any developed countries. Air and water borne diseases like diarrhea, TB, jaundice, cholera, dysentery, typhoid others alike are abundant in the rural parts of Nepal. The hospitals of Kathmandu shelter numerous patients with such illness from all over Nepal. Students will be able to detect, diagnose and assist in the treatments of patients. Not just that, they will also identify and learn about the reasons behind high mortality rates in developing countries like Nepal.
2. Health care system and the technology used for it in Nepal are extremely traditional and primitive. While all this, working with such treatment methods can construct students' knowledge about working under tough situations and getting adapt to them. This surprisingly has proven the most effective, over the years.
3. As was aforementioned, the culture, people, lifestyle, society and festivals in Nepal are vivid, unique and interesting. Not only can students be a part of it, but they can also experience the holistic approach to treatments.

4. With the supreme subtlety in its natural delicacy, Nepal resides in the lap of the Himalayas and is a beautiful country. Known especially for the tough daring treks, it is a world famous destination for adventure sports: bungee, paragliding, skydiving, rafting to name a few. Students on their holidays and day offs, get to be a part of these adventurous activities.

Students shall be engaged in:

While our dynamic and widely regarded elective programs has a lot more on offer than that can be illustrated on paper, following modalities will be implemented for the students in the hospitals for the electives program:

- Students will engage themselves in a ward round with the Professor
- Discussion session and conference on patients' conditions, improvements, treatment, lab test, diagnosis and other activities.
- Taking history records of assigned patients
- Examination of PT
- Interaction/counseling/health education
- Discussion and presentation by national and international undergraduate and post graduate students during and after the completion of their internship
- Checking B.P and looking for any vital signs
- Dressing/Suturing.

Work Schedule:

With 6 working days in a week, the working hours for elective students is designated from 9 AM to 4 PM.

Students will first be encouraged to observe the environment of the workplace in the primary phase, and then will be assigned specific tasks supervised by the mentor.

Available Departments for elective

1. Internal Medicine 2. General Surgery 3. Orthopedics 4. Gynae/Obst. 5. Ophthalmology 6. ENT 7. Dermatology 8. Psychiatry & Mental Health 9. Clinical Pharmacology 10. Dental Surgery 11. Anesthesiology 12. Radiology 13. Forensic Medicine 14. Pathology 15. Biochemistry 16. Microbiology 17. Emergency Medicine & General Practice 18. Pediatrics 19. Cardiology 20. Cardio-Thoracic Vascular Surgery 21. Pharmacy 22. Community Medicine & Public Health 23. Neurology 24. Gastroenterology 25. Physiology 26. Anatomy

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